



“Be The Change You Wish To See In The World”

~Gandhi

SCHOOL PLEDGE OF NONVIOLENCE

Making peace must start within ourselves and in our school. Each of us, members of _____ School, on this day, _____, 20____, commit ourselves as best we can to become nonviolent and peaceable people. We pledge:

To Respect Self and Others

To respect ourselves, to affirm others and to avoid making uncaring criticism, hateful words, physical attacks and self-destructive behavior.

To Communicate Better

To share our feelings honestly, to look for safe ways to express our anger, and to work at solving problems peacefully.

To Listen

To listen carefully to one another, especially those who disagree with us, and to consider others' feelings and needs rather than insist on having our own way.

To Forgive

To apologize and make amends when we have hurt another, to forgive others, and to keep from holding grudges.

To Respect Nature

To treat the environment and all living things, including our pets, with respect and care.

To Play Creatively

To select activities and toys that support our school's values and to avoid activities that make violence look exciting, funny or acceptable.

To Be Courageous

To challenge violence in all its forms whenever we encounter it, whether at home, at school, or in the community, and to stand with others who are treated unfairly.

This is our pledge. These are our goals. We will check ourselves on what we have pledged once a month on the _____ day of the month for this school year so that we can help each other become more peaceable people.

I agree to this pledge by signing below:

Name

Date

**Healing, Transforming, and Empowering
Lives and Communities**